

TEA TREE OIL PRODUCTS



At Holista, we stand by each product we manufacture to ensure our customers receive only the purest, most effective and reliable health products possible. Holista products are developed with dedicated research and a commitment to using

only the purest ingredients.

We believe that how much you enjoy life depends largely on the choices you make. Regular exercise, relaxing times with family and friends, a healthy diet and a selection of quality nutritional supplements will help you live your life to the fullest. Let us help.

h o l i s t a®

Take it for life!™

www.holista.com • 1 800 204 4372 (herb)

Tea Tree Oil (*Melaleuca alternifolia*) is a natural oil with a wide variety of uses. Derived from the leaves of the Australian Tea Tree, tea tree oil has strong anti-fungal, antiseptic and antibacterial properties, and is an important addition to every home's medicine cabinet.

Holista Tea Tree Oil products are guaranteed to meet the highest standards of quality. Holista's Quality Assurance team ensures that our tea tree oil contains no more than 15% 1,8 Cineole and no less than 30% Terpinen-4-ol, important markers for quality in tea tree oil recognized worldwide.

Holista Tea Tree Oil products are also guaranteed to be free from, preservatives, herbicides and pesticides and have not undergone any fumigation or irradiation procedures. Holista's tea tree oil products are not tested on animals.



HOLISTA PRODUCTS
are available at your favourite pharmacy

Tea Tree Oil 100% Pure

Tea Tree Oil 20% Lotion

- Natural antiseptic and antifungal
- Apply to minor cuts, abrasions, pimples, stings by direct application or through adding to a non mineral based carrier oil
- Standardized terpinen-4-ol content
- Do not use during pregnancy and while breast-feeding without medical supervision

Tea Tree Oil Shampoo & Conditioner

- Effective antibacterial, antifungal and antiseptic treatment for the scalp
- Formulation contains pure tea tree oil to support hair and scalp health in a hypoallergenic, fragrance-free shampoo conditioner base
- May be used for the treatment and prevention of head lice, nits and dandruff

Restorativ™ Tea Tree & Vitamin E Antiseptic Cream

Tea Tree Oil and vitamin E provide an excellent natural method of relieving minor skin irritations while moisturizing and repairing irritated skin.

- Contains 5% pure Tea Tree Oil & 3,000 IU natural source vitamin E per 40 gram jar
- Enriched with avocado, sesame and sweet almond oils to help soften, hydrate and soothe skin
- Tea Tree Oil is a natural antiseptic and antifungal agent
- Helps to alleviate dry skin, minor dermatitis, acne and fungal skin infections

USES

For Tea Tree Oil

Acne

Tea Tree Oil has been used topically to treat acne for over 70 years in Australia. Recent laboratory and clinical studies have confirmed its effectiveness in this area.

Treatment: Apply directly, 2-3 times daily (20% lotion is best for sensitive skin) or dilute 6–10 drops of 100% pure tea tree oil in a basin of warm water to cleanse the face. Avoid eye contact due to sensitivity.

Fungal Infections

The fungal infection caused by *Tinea pedis* is commonly known as athlete's foot. It may also affect fingers or nails (onychomycosis). **Treatment:** For inhibitory and fungal activity, wash and dry the area thoroughly. Apply 100% Tea Tree Oil directly, 2–3 times daily. Soaking area in a solution of 5–10 drops of oil in a basin of warm water for 5–10 minutes daily is also beneficial.





Head Lice

Preventative Treatment: Apply Tea Tree Oil Shampoo to wetted hair and scalp, lather thoroughly and leave in hair for 5–10 minutes before rinsing. Avoid contact with the eyes and other mucous membranes. Use of the shampoo should be repeated every few days for 7–10 days to ensure prevention. Use as directed on the label.

Lice Infestation: Add 10–15 drops of 100% pure Tea Tree Oil to a nickel-sized amount of Tea Tree Oil Shampoo or Conditioner in the palm of the hand. Apply to wetted hair and scalp. Lather/massage thoroughly and leave in hair for 5–10 minutes before rinsing. Repeat treatment once more within approximately twelve hours and then again in 7–10 days. Tea Tree Oil shampoo can be used as a regular shampoo for the 7–10 days in between treatments.

